

## REQUEST AN EXPERT

Moravian Hall Square has been serving seniors for more than 21 years as the preferred continuing care retirement community in Nazareth, Pennsylvania. Focusing on lifelong wellness and learning, we enrich life's journey by enabling people to age in place—gracefully, happily and as independently as possible.

We interact daily with seniors of all ages and backgrounds. As a result, we have identified key interests that pertain to seniors and are enlightening to all age groups. To share our expertise with the surrounding area, we have gathered a group of experts, creating a Speakers Bureau.

Our Speakers Bureau consists of professionals who are well versed in their fields. Whether it's for a small gathering, mid-sized group or large assembly, they skillfully tailor presentations to fit your audience.

*Consider scheduling a speaker for your next luncheon, meeting or event.*

*To request one of the free programs listed inside, contact us today!*

Moravian Hall Square is a continuing care retirement community providing lifelong care, services and amenities all conveniently under one roof. Apartment style residences nestle in a 15-acre campus of rolling hills, gardens and finely landscaped grounds. The downtown attractions of Nazareth are within easy walking distance, and the cultural opportunities of the Lehigh Valley are just a short drive away.

*Learn more about this appealing community by visiting our website or calling to schedule a tour.*

**610.746.1000**



A CONTINUING CARE RETIREMENT COMMUNITY

175 West North Street, Nazareth, PA 18064  
[www.moravian.com](http://www.moravian.com)



Moravian Hall Square is a not-for-profit, church-sponsored corporation and welcomes persons of all races and faith traditions.

Moravian Hall Square  
Speakers Bureau

■  
**Professional  
expertise  
on today's  
hot topics  
for seniors**



A CONTINUING CARE RETIREMENT COMMUNITY

## SPEAKER TOPICS

Drawing on input from our residents, staff and local professionals, we developed the following programs to discuss some of the most current topics. Among our professional staff, we have selected experts to talk about these topics. If you have another topic you'd like us to address, please let us know.

### ***Exercise—The Best Medicine***

A natural remedy to remain active and healthy while aging gracefully

### ***God Loves Wrinkles***

Scripture and humor in sharing God's views on aging

### ***Internet 101***

Learn the basic skills needed to surf the web, sign up for an email address, and important tips to protect personal information from identity theft

### ***Healthy Eating, Healthy Aging***

Nutritional strategies to improve health and promote longevity

### ***Trends In Health Insurance***

The differences between Medicare and the new Medicare Advantage Plans

### ***What Is A "CCRC"—Is It The Right Retirement Lifestyle For You?***

What makes a continuing care retirement community (CCRC) different from other retirement options

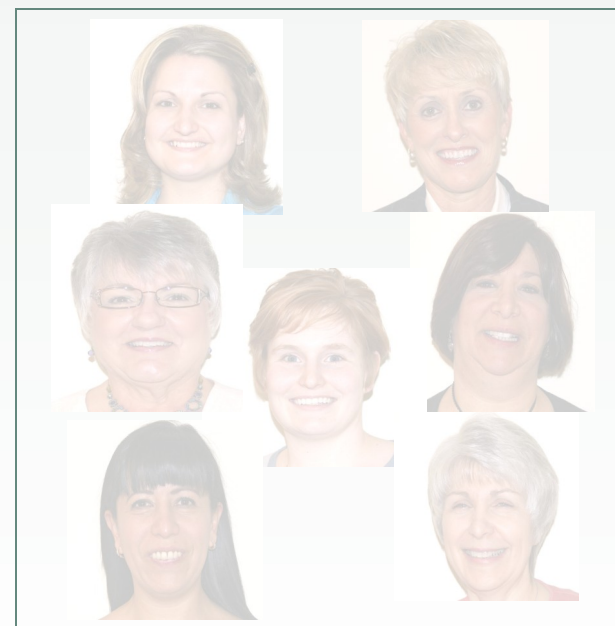
### ***A Peek Into The Brain***

How the brain functions and ways to keep it sharp

**BOOK A TOPIC TODAY!**



Consider booking a speaker for your next luncheon, meeting or event. Or plan a special speaking event. We'll be happy to help with the arrangements.



***To book a program from the Moravian Hall Square Speakers Bureau, contact Colleen Murphy at: 610-746-1000 or [colleenm@moravian.com](mailto:colleenm@moravian.com)***